

8th EUROPEAN UNION WEIGHTLIFTING CUP



Invitation

Dear Sport Friends,

It is a pleasure for me to announce that Spanish Weightlifting Federation will be hosting the 8th edition of the European Union Cup from 8th July to 10th July 2022.

In doing so, I would like to take this opportunity to extend the invitation to you, and to offer your country the chance to come to León, in order to have a previous or later training camp in our facilities.

León is an ancient town, with a great climate and some wonderful monuments. Also, León has the newest training center of Spain, the High-level sport center of León.

We hope to count your country and your team at this event. Please, feel free to contact us in case you have any doubts.

Respectfully,

Constantino Iglesias, President of the Spanish Weightlifting Federation



General Information:

Capital City of Spain is Madrid.

Population of Spain is 47.32 million people. Spain has a total area of 505 990 km².

Language spoken is Spanish

Climate, in the month of July the temperature will be around 27 °C during the day

Getting here, Spain has several international airports. León has two airports close by: Barajas, located at Madrid and Santiago de Compostela's airport.

Distance from airport to Hotel is around two hours by bus.

Electricity, is 230v and the system used is type F.

Currency, the currency used in Spain is the Euro.

Venues

Competition: Palacio de exposiciones y congresos de León

Accommodation: Hotel Santiago, León

Congress: Hotel Santiago, León



Competition Arena

Competition Rules and Regulations

The competitions will be held in accordance with the European Union Confederation rules for the countries eligible to participate in the above tournament.

1. Team

- The Team is made of 6 athletes, 3 boys and 3 girls. Results will be calculated on the Sinclair form. The team with the highest points win.
- 1 boy and 1 girl Under 15 years of age, born between **2007-2009**
- 1 boy and 1 girl Under 17 years of age, born between **2005-2009**
- 1 boy and 1 girl Under 20 years of age, born between **2002-2007**
- Those that they are not able to come with a full team they can still participate in the competition.

2. Eligibility to participate

European Union Weightlifting Confederation members, which are affiliated to the IWF.

3. Entries

Preliminary entry forms must be received by the organising committee before **9th May 2022**.

Final entry forms must be received by the organising committee before **9th June 2022**.

4. Awards

- Team Trophy for 1st, 2nd and 3rd place and the rest of the teams.
- Gold, Silver and Bronze medals will be awarded to the first three individual athletes both men and women according to Sinclair points in each category, all other athletes will receive a medal for participation.

5. Package rate

The participants have to pay the sum of:

100€ in triple sharing per person per day on full board basis

110€ in twin sharing per person per day on full board basis

130€ in single room per person per day on full board basis

Transportation: 20€ per person (From Airport to Hotel and Vice-Versa and from Hotel to Competition Hall and Vice-Versa)

5b. Payments

We do not accept cash payment upon arrival at the hotel's registration desk, all payments should be made by bank transfer to the following account.

Beneficiary : Spanish Weightlifting Federation

Bank : Cajamar

IBAN : ES90 3058 0972 7327 2020

0683SWIFT: CCRIES2AXXX

Please send us a copy of transaction not later than **9th June** by e-mail to secretaria@fedehalter.org

6. Visa to Spain

EU countries do not require a visa to visit Spain. Our country is also a Schengen zone. All other participants should contact the respective embassy in their countries and find out if a visa is required.

7. Equipment

IWF approved barbells will be used during competition.

8. Doping Control

The doping controls will be carried out according to the IWF Anti-Doping Policy.

9. Technical Officials

The participating federations must delegate a Technical Official for the competition, category I. or II and with IWF license paid.

10. Insurance

All national federation must undertake full moral and financial responsibility for their delegates as well for their health in case of accidents or damages.

11. Accreditation

The accreditation will take place at Hotel registration desk upon arrival.

14. Flags and Anthems

Each participating delegation is kindly requested to bring 2 National Flags (100x150cm). The Organising Committee will collect them upon arrival from each delegation.

15. Correspondence

Spanish Weightlifting Federation- Juan Lam Arenales, general Secretary

S/numancia 2 11, Madrid 28039, Spain

email: secretaria@fedehalter.org

Tel: +34 697961497

European Union Weightlifting Confederation - Mr. Giuseppe Minissale General Secretary

email: g.minissale1@libero.it /Mr.Jesmond Caruana President email: president.euwc@gmail.com

The Hotel Santiago is located on León, just 5 km away from the León's historical area.

Hotel and City



Training Hall.

In case any team wants to train during the competition days, it could do it at High level performance center of León. Please, contact secretaria@fedehalter.org in case your team is interested in having a training camp at León.



Provisional program: (subject to change according to the final entries received)

THURSDAY 7th July 2022

- ARRIVAL OF DELEGATES AND TEAMS

FRIDAY 8th

- 09:00: **Congress**
- 10:00: **Seminar**
- 16.45: **Opening ceremony**
- 17.15: **Start of competition Under-15 Girls**
- 19.15: **Start of competition Under 15 Boys**

SATURDAY 9th

- 10.00: **Start of competition Under 17 Girls**
- 12.00: **Start of competition Under 17 Boys**
- 14.30: **Start of competition Under 20 Girls**
- 16.30: **Start of competition Under 20 Boys**
- **Presentation of Best teams Awards**
- **20.30 Dinner.**

SUNDAY 10th

- **Departure of Delegates and Teams**



We look forward to welcoming your delegation.

Kind regards,
Mr. Constantino Iglesias Rodríguez
RFEH President

A handwritten signature in blue ink, appearing to be 'C. Iglesias', with a long horizontal line underneath it.

