



Klaipėdos m. sunkiosios atletikos
S P O R T O K L U B A S

Certify:
Club president
Vincas Šlevinskis



**INTERNATIONAL WEIGHTLIFTING TOURNAMENT
GRAND PRIX KLAIPĖDA 2021
REGULATIONS
2022-04-25**

I. OBJECTIVES AND GOALS

- To sustain and improve close relationships with a foreign country sportsmen and their coaches,
- make weightlifting more popular in Lithuania and outside of it,
- trade knowledge with other highly skillful athletes, coaches, referees.

II. COMPETITION VENUE AND SCHEDULE

27.05.2022 (Friday) – Arrival of teams

28.05.2022 (Saturday)– Competition day

29.05.2022 (Sunday) – Departure of teams

The competition will take place in Klaipėda's Central stadium sports hall (Sportininkų g. 46, Klaipėda)

III. TEAMS

- Athletes from Latvia, Poland, Estonia and Lithuania will participate.
- Team consists of 4 person: 2 men (one 2005 or younger and one 1999-2004);
2 woman (one 2005 or younger and one 1999-2004);

IV. AWARD CEREMONY

Every men and women age group I-VI place winners, according by Sinclair, will be awarded by cups.

V. ACCOMMODATION

- Organizers will provide accommodation and food.
- Travel expenses are covered by each team individually.

Entry applications need to be sent by email: satletika@lsaf.lt before 16st of May

For more information:

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