

ANNEX

IWF TCRR MODIFICATIONS AS OF

05 DECEMBER 2022

1.2.5 Olympic Games bodyweight categories: Men:

1	61 kg
2	73 kg
3	89 kg
4	102 kg
5	+102 kg

Women:

1	49 kg
2	59 kg
3	71 kg
4	81 kg
5	+81 kg

1.2.6 Youth Olympic Games bodyweight categories:

To be defined later by the IOC.

1.2.7 At IWF Events each Member Federation may enter a team of maximum ~~twelve (12)~~ **twenty (20)** men and ~~twelve (12)~~ **twenty (20)** women or ~~equalling~~ **twice as many as** the number of bodyweight categories on the program of the event **plus two (2)** in each gender, ~~whichever is less~~. However, a team may participate with maximum ten (10) men and ten (10) women or equaling the number of bodyweight categories on the program of the event, in each gender, whichever is less. The maximum participating team must be spread amongst the bodyweight categories with a maximum of two (2) athletes per category. ~~For the IWF World Championships (Senior, Junior and Youth), maximum twenty (20) men and twenty (20) women can be entered, however, a team may participate with maximum ten (10) men and ten (10) women~~ The Member Federation must declare the number of the athletes and the Team officials who will actually participate.

Exceptions:

- Olympic Games
- Youth Olympic Games
- Multisport Games other than Olympics

2.5.1.2 Touching the platform with any part of the body other than the feet **during the execution of the lift.**

2.5.1.11 Touching the barbell with his / her footwear. If an athlete touches the barbell with his / her footwear before the attempt the Referees must press Red. If the barbell is touched after a successful attempt with his / her footwear the Referees decision will not be reversed, however the Jury will give a warning to the Athlete, if the Athlete repeats this action on a subsequent lift, the lift will be a No Lift.

3.1.1.4 Chalk and rosin must be provided near the competition platform on the side of the Athlete's point of entry.

3.1.2.1 Jury Table: The Jury is located in a place where the view of the competition platform and stage is clear and unobstructed. The Jury Table must be placed a maximum one thousand (1,000) cm from the centre of the platform, between the Centre and the Side Referees' Tables and located on the side of the athletes' point of entry.

Organizers must provide platforms, as elevation for the Technical Officials if their view is impeded by the height of the stage.

3.1.2.2 Referees' Tables:

- a) Centre Referee must be seated four hundred (400) cm (measured from the front) of the competition platform to the back edge of the Centre Referee's Table, and in line with the centre of the competition platform.
- b) Side Referees must be seated on the same line as and parallel with the Centre Referee, three hundred to four hundred (300-400) cm from the Centre Referee.
- c) Reserve Referees sit in a designated area on the FOP.
- d) Organizers must provide platforms, as elevation for the Technical Officials if their view is impeded by the height of the stage.

3.4.1.2 The IWF Event Regulation contains the following information:

- exact date of the IWF Event, with a detailed program of the competition and related activities
- competition and training venue
- Minimum Entry Totals for each bodyweight category (for World Senior Championships, if applied)
- financial conditions
- accommodation and ground transportation offered
- Media Accreditation Forms
- Preliminary Entry Forms
- Final Entry Forms
- Organising Committee contact information
- any other pertinent information

3.4.2.2 Maximum number of athletes allowed on the Preliminary Entry Form are ~~twelve (12)~~ twenty (20) men and ~~twelve (12)~~ twenty (20) women or ~~equalling twice as many as~~ the number of bodyweight categories on the program of the event ~~plus two (2)~~ in each gender, ~~whichever is less.~~
~~For the IWF World Championships (Senior, Junior and Youth), maximum twenty (20) men and twenty (20) women can be entered, however,~~ The Member Federation must declare the number of the athletes and the Team officials who will actually participate.

3.4.2.3 A Final Entry Form includes:

- Member Federation
- athletes' names
- athletes' date of birth
- athletes' bodyweight category
- Entry Total (a reference performance for the allocation into groups, with consideration to 6.6.5)
- accompanying Team Officials' names and functions (Team leader, coach, doctor, therapist, etc.)
- signature and date

Maximum number of athletes allowed on the Final Entry Form are twelve (12) men and twelve (12) women or equaling the number of bodyweight categories on the program plus two (2) in each gender, whichever is less; this consists of a maximum number of participating athletes plus two (2) reserve athletes per gender. Reserve athletes must be noted as such on the Final Entry Form. ~~For the IWF World Championships (Senior, Junior and Youth),~~ Only athlete(s) from the Preliminary Entry Form can be included into the Final Entry Form.

5.1.1 IWF Events are international weightlifting competitions registered as "IWF Events" in the IWF Calendar which is regulated by the IWF Calendar Policy. There are ~~two~~ three types of IWF Events:

- a) Qualification Events for Olympic Games
- b) Non-Qualifying Events
- c) Online Events

~~There are 3 levels of Event in the Qualification Events for Olympic Games:~~

- ~~a) Gold Level Events~~
- ~~b) Silver Level Events~~
- ~~c) Bronze Level Events~~

NOTE:

Online Events will be considered official if prior approval is given by the IWF Executive Board. Such approval is given for exceptional circumstances only and on a one-to-one consideration.

Qualifying Events for Olympic Games are subject to the Olympic Qualification System.

5.2.2.3 IWF World (Senior) Championships are held every year with ten (10) bodyweight categories, ~~except in years with the Summer Olympic Games. In the year of the Summer Olympic Games, IWF (Senior) World Championships can be held with at least three (3) non-Olympic bodyweight categories per gender to be included.~~ In the years of the Olympic Games the IWF may hold the World (Senior) Championships.

5.3.1 A National Olympic Committee (NOC) may enter athletes to the Olympic Games and Youth Olympic Games in accordance with the relevant "Olympic Games Qualification System and Regulations".

6.1.2 In order to be eligible to compete at IWF Events, Athletes shall comply with the applicable whereabouts requirements of the IWF Anti-Doping **Rules Policy**.

6.6.10 When an athlete wishes to increase or decrease the weight originally selected, the Team Official / athlete must notify the Chief Marshal by signing the Athlete's Card. In order to increase the weight the Team Official / athlete must sign the Athlete's Card before the final call (except TCRR 6.6.12). In order to decrease the weight, the clock must not have started for that athlete.

NOTE: Any change(s) to the declared starting attempts(s) after the weigh-in is/are considered as a part of the two (2) allocated weight changes.

6.8.2 Factors to decide the classification of athletes in Snatch and Clean & Jerk:

1. best result – highest first; if identical, then:
2. best result's attempt number – **the Athlete who achieved the result earliest according to the Calling Order 6.6.6.**
- ~~2. best result's attempt number – least number of attempt first; if identical, then:~~
- ~~3. previous attempt(s) – least number of attempt first; if identical, then:~~
- ~~4. lot number – lowest first~~

Factors to decide the classification of athletes in Total:

1. best result – highest first; if identical, then:
2. best Clean & Jerk **result's attempt number – the Athlete who achieved the Total result earliest according to the Calling Order 6.6.6.**
- ~~2. best Clean & Jerk result – lowest first; if identical, then:~~
- ~~3. best Clean & Jerk result's attempt number – least number of attempt first; if identical, then:~~
- ~~4. previous attempt(s) – least number of attempt first; if identical, then:~~
- ~~5. lot number – lowest first.~~

In the case of tie(s) in different group(s), the athlete(s) who competed earlier in time will be ranked higher regardless the attempt number at which the athletes reached the relevant result. (See Regulation to 6.8)

7.2.3 Technical Officials must wear the official IWF TO uniform:

- Navy blue (colour code: PMS2767) jacket
- Navy blue (colour code: PMS2767) trousers / skirt
- White shirt
- IWF tie / scarf
- Black / Dark blue belt (for men)
- Black / Dark blue socks (for men)
- Black / Dark blue / **beige Skin colour** socks for women while wearing trousers
- Black / Dark blue / **beige Skin colour** stockings for women while wearing skirt
- Black dress shoes
- IWF TO metal badge; pinned on the left lapel of the jacket
- IWF TO badge sewn on the left breast pocket

7.2.8 TOs must submit their TO cards to the Jury President after the Introduction and retrieve the card at the end of the **each** competition.

7.5.7 ~~The~~ **When VPT is not in use the** Jury has the power to reverse a decision when the Referees' decision has been judged unanimously by the Jury to be technically incorrect. In order to consider the reversal of a decision, the Jury may call the Referees in question to seek an explanation. If the explanation is accepted, no action is taken, if the explanation is not accepted the Jury will reverse the decision. Such decision and its reason must be communicated to the athlete / Team Official concerned via the Technical Controller or any other TO, as directed by the President of the Jury, and announced by the Speaker.

When VPT is in use to reverse the decision after the VPT replay a majority is required amongst the Jury members.

When the decision of the majority of the Jury members differs from that of the Referees' decisions, the Jury may call the Referees in question to seek an explanation. If the explanation is accepted, no action is taken, if the explanation is not accepted and the Jury ~~reaches unanimity~~ **is unanimous**, the Referees' decision will be reversed.

7.11.6 The Competition Secretary allocates, monitors, advises and / or distributes, either at weigh-in or in the warm-up area thirty (30) minutes prior to start of the competition, the following sport equipment / supplies:

- warm-up platforms
- collects athletes' accreditations and distributes Athlete Passes / Challenge Cards **and take the athlete cards to the Marshall's table**
- Warm-up Passes
- Athlete Bibs & pins
- Team Officials numbered stickers (optional)

8.2 The IWF recognises World Youth, Junior, Senior and Masters **Championships**; Olympic and Universiade records in each of the bodyweight categories for men and women in the Snatch; Clean & Jerk and Total.

8.6 Masters athletes may set **Senior/Masters** records.

8.7 World, Continental and Regional records may only be set at IWF Events included in the IWF Calendar ~~except at Bronze Level Events.~~

8.14 Records are ratified when the athlete successfully undergoes doping control as per IWF Anti-Doping **Rules Policy**.

Regulation to 1.2

OLYMPIC GAMES MEN		OLYMPIC GAMES WOMEN	
61 kg	≤ 61.00	49 kg	≤ 49.00
73 kg	61.01– 73.00	59 kg	49.01– 59.00
89 kg	73.01– 89.00	71 kg	59.01– 71.00
102 kg	89.01–102.00	81 kg	71.01–81.00
+102 kg	>102.00	+81 kg	>81.00

Regulation to 3.3.7

1 Requirements for VPT:

- a) A minimum of four (4) cameras: Cameras will be positioned around the stage, three (3) cameras at the front of the stage to be as close as possible to the 3 sitting referees, the 4th camera to be positioned ~~on the side edge of the stage in line with the centre of the platform but no further away from the competition platform than four hundred (400) cm (measured from the side)~~ at the back edge of the stage in line with the centre of the platform but behind the restraining bar at the rear of the competition platform. Three (3) cameras located in front of the stage should be positioned at a height of 30cm above the competition platform, and the side camera should be at the height of the competition platform.

6 The Jury at its own discretion may also initiate a VPT process when the majority of the Jury's opinion is different from the Referees' decision.

In order for the Jury to initiate a VPT process, the Jury President will raise a small yellow flag (to be provided) to draw attention to the Speaker, Technical Controller, TV producer etc. that the competition is to stop.

9.4 Upon receipt of a Challenge, the Technical Controller must ~~stop the competition to forward the request to the Jury~~ indicate that the competition must stop so that he can take the request to the President of the Jury.

9.6 At the completion of the challenge the President of the Jury must indicate that the competition restarts.

9.7 A decision of the Jury on a challenge emanating from the Jury themselves is final and cannot be challenged further by Athletes or Officials.

Regulation to 5.1

a) QUALIFICATION EVENTS

- Request for inclusion to the IWF Calendar to be submitted minimum six (6) months prior to the Event (except IWF World Championships), but it's subject to IWF approval.
- All event and technical regulations must be sent by the Member Federation / Organizing Committee to the IWF four (4) months before the event for verification.
- If the Regulation is approved the document shall be published no later than three (3) months before the event. Only Senior ~~and Junior~~ events.
- Preliminary and Final Entries to be provided within 7 days after the deadlines.
- Results provided according to Results Template document within 7 days after the conclusion of the event.

b) NON-QUALIFYING EVENTS

Organized by IWF, Continental Federations (CF), Regional Federations (RF), Member Federations (MF), Clubs (approved by its MF); unless otherwise advised by the IWF, the planning, management and organisation of such events shall comply with the statutes, as defined in the IWF Technical and Competition Rules & Regulations (TCRR) and in particular the relevant articles outlined in section 5.1, section 5.2, section 5.5, ~~section 5.6, section 5.7~~, and Regulations to 5.1 and 5.2.

~~Application of IWF TIS for IWF World Youth Championships, selected IWF Events:~~

Application of TIS at major events e.g.: World Championships, Continental Championships, Multisport Games and any qualification events must be IWF Licensed systems.

- ~~• Application of IWF Licensed Competition Management System for Continental Youth Championships;~~
- ~~• Application of an IWF Licensed Competition Management System for Multisport Games;~~
- ~~• Application of an IWF TCRR compliant Competition Management System for other events.~~

Details to be referred to IWF Calendar Policy.

Regulation to 5.2

- 1 The duration of the World Championships, unless otherwise decided by the IWF Executive Board, are as follows:
 - World Youth Championships = not less than six (6) competition days
 - World Junior Championships = not less than seven (7) competition days
 - World Senior Championships = not less than eight (8) competition days ~~except in the year of Olympics~~
- 6.12 Appoint a sufficient number of National Technical Officials to arrange, under the supervision of the Competition Director, **the Chairperson of the Technical Committee** and / or the President of the Jury, the orderly progress of the competition.

Regulation to 6.4

- 10 Athletes ~~may~~ **must** be weighed ~~in either completely undressed or~~ in undergarments (articles of the athlete outfit: costume, unitard, shorts and T-shirt are not considered as undergarments). Athletes must not wear shoes or socks or any other footwear during weigh-in.
- 13 The weigh-in room must be presented in and provided with proper hygienic conditions. Disinfectant / antiseptic cleanser / **Sanitation dispenser** and cloths should be made available to wipe the scale, if desired / required.

Regulation to 7.14

1 LOADERS

- Clean the bar with antiseptic ~~at the conclusion of each competition~~ after each attempt. It is mandatory to have the bar disinfected after each attempt.

Regulation to 9

9.1 OPENING CEREMONY

~~Before the beginning of World Championships, an Opening Ceremony is held according to the following procedure (any creative, innovative ideas are welcomed):~~

Before the beginning of the World Championships, an Opening Ceremony is held according to the procedures created by the Organising Committee and the IWF.

Contents of the opening ceremony must be approved by the IWF prior to the event.

- ~~9.1.1 All participating national teams, or appointed team members, march in in the alphabetical order of the organising country, the host country closing the parade.~~
- ~~9.1.2 The flag bearers of each national team form a semi circle on the stage.~~
- ~~9.1.3 The guests of honour march in and take their position on the stage.~~
- ~~9.1.4 The guest of honour of the host Federation makes a speech.~~
- ~~9.1.5 The President of the host Federation makes a speech.~~
- ~~9.1.6 The IWF President replies to the speeches and declares the Championships open, but may delegate this duty to another person representing the host Federation.~~
- ~~9.1.7 The national flag of the host Federation and the flag of the IWF are raised while the national anthem of the host Federation is played.~~
- ~~9.1.8 The guests of honour followed by the delegations leave the stage.~~
- ~~9.1.9 An entertainment program provided by the host Federation may follow the Ceremony.~~

9.2 CLOSING CEREMONY

At the conclusion of World Championships, a Closing Ceremony is held, in accordance with the following protocol (any creative, innovative ideas are welcomed):

At the conclusion of the World Championships, a closing Ceremony is held according to the procedures created by the Organising Committee and the IWF.

Contents of the closing ceremony must be approved by the IWF prior to the event.

- 9.2.1 — The delegates of the participating teams march in and take their position on the stage.
- 9.2.2 — The flag bearers of the participating teams form a semi-circle.
- 9.2.3 — The guests of honour march in and take their position on the stage.
- 9.2.4 — The President of the host Federation makes a speech.
- 9.2.5 — The IWF President replies to the speech and declares the Championships closed, but may delegate this duty to another person representing the host Federation.
- 9.2.6 — The national flag of the host Federation and the IWF flag are lowered while the national anthem of the host Federation is played.
- 9.2.7 — The IWF flag is brought to the IWF President.
- 9.2.8 — The IWF flag is presented to the organisers of the next World Championships.
- 9.2.9 — The guests of honour followed by the team representatives leave the stage.
- 9.2.10 — Subject to arrangements made between the Organising Committee and the IWF, the presentation of the Team Trophies may be held in conjunction with the Closing Ceremony or at a separate Closing function.

Guidelines

Guidelines including detailed information are available at the Download Center on the IWF Website (www.iwf.net iwf.sport)