



Klaipėdos m. sunkiosios atletikos
S P O R T O K L U B A S

Certify:
Club president
Vincas Šlevinskis



**INTERNATIONAL WEIGHTLIFTING TOURNAMENT
GRAND PRIX KLAIPĖDA 2024
REGULATIONS
2024-09-03**

I. OBJECTIVES AND GOALS

- To sustain and improve close relationships with a foreign country sportsmen and their coaches,
- make weightlifting more popular in Lithuania and outside of it,
- trade knowledge with other highly skillful athletes, coaches, referees.

II. COMPETITION VENUE AND SCHEDULE

11.10.2024 (Friday) – Arrival of teams.

12.10.2024 (Saturday)– Competition day. Wight-in (for all athletes) 08:00-09:00,
Competition start - 10:00.

13.10.2024 (Sunday) – Departure of teams

The competition will take place in Klaipėda's Central stadium sports hall (Sportininkų g. 46, Klaipėda).

III. TEAMS

- Athletes from Latvia, Poland, Estonia and Lithuania will participate.
- Team consists of 6 person: (2001 and younger).

IV. AWARDS

- MEN individual by category - 35kg, 40kg, 45kg, 50kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102.

- WOMEN individual by category 49kg, 55kg, 59kg, 64kg, +64kg.

V. ACCOMMODATION

- Organizers will provide accommodation and food.
- Travel expenses are covered by each team individually.

Entry applications (full name, DATE of birth, category) needs to be sent by email: satletika@lsaf.lt before 30st of September

For more information:

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