



REGULATIONS

2025 EWF EUROPEAN YOUTH & U15 CHAMPIONSHIPS

WWW.EWF.SPORT



To: European Weightlifting Federation Member Federations

Dear Friends,

On behalf of the Spanish Weightlifting Federation and Organizing Committee, we have the great honor to invite all athletes, coaches, and officials from all the EWF Member Federations to Madrid, Spain, from July 23 to 31, 2025, to participate in the 2025 EWF Youth & U15 European Championships.

Madrid is the largest city and the capital of Spain with over seven million inhabitants in its total area.

The city is renowned for its festivals, events and vibrant cultural life in general.

Madrid has several public universities such as the Complutense, the Autónoma and the Rey Juan Carlos.

We look forward to welcoming you soon in the beautiful city of Madrid, famous for its great history and culture!

President
Constantino Iglesias

General Secretary
Juan Lama



1. KEYDATES

23 April 2025	<ul style="list-style-type: none"> Whereabouts information of Athletes wishing to compete at European championships must be properly submitted three months before the European championships and throughout the whole competition
14 - 19 May 2025	<ul style="list-style-type: none"> Technical Official's nomination deadline
20 - 23 May 2025	<ul style="list-style-type: none"> Preliminary Entries Youth <ul style="list-style-type: none"> Max 8 Main Athletes for female Max 8 Reserve Athletes for female Max 8 Main Athletes for male Max 8 Reserve Athletes for male Preliminary Entries U15 <ul style="list-style-type: none"> Max 8 Main Athletes for female Max 8 Reserve Athletes for female Max 8 Main Athletes for male Max 8 Reserve Athletes for male
30 May 2025	<ul style="list-style-type: none"> Information about selected Technical Officials
20 - 23 June 2025	<ul style="list-style-type: none"> Final Entries Youth <ul style="list-style-type: none"> Max 8 Main Athletes for female Max 2 Reserve Athletes for female Max 8 Main Athletes for male Max 2 Reserve Athletes for male Final Entries U15 <ul style="list-style-type: none"> Max 8 Main Athletes for female Max 2 Reserve Athletes for female Max 8 Main Athletes for male Max 2 Reserve Athletes for male
23 - 26 June 2025	<ul style="list-style-type: none"> Team receives Invoices
27 June - 04 July 2025	<ul style="list-style-type: none"> Team Payment by bank transfer

1. KEYDATES

from 14 July 2025 (09.00 a.m. CET) to 15 July 2025 (09.00 a.m. CET)	<ul style="list-style-type: none"> • Online Final Verification Youth • Max 8 Main Athletes for female • Max 8 Main Athletes for male • Max two athletes for each category • Online Final Verification U15 • Max 8 Main Athletes for female • Max 8 Main Athletes for male • Max two athletes for each category
21 July 2025	<ul style="list-style-type: none"> • Publishing Start book
21-22 July 2025	<ul style="list-style-type: none"> • Selected Technical Officials' arrival day
22 July 2025 <ul style="list-style-type: none"> • 09:30-11:00 Local time • TBC • 17:00 Local time 	<ul style="list-style-type: none"> • Anti-doping & Fair Play Seminar • Team Manager's Meeting • ITOs meeting in the Competition venue
23 - 31 July 2025	<ul style="list-style-type: none"> • Competition
23 July 2025	<ul style="list-style-type: none"> • First day of the competition
23 July 2025 19:00 Local time	<ul style="list-style-type: none"> • Opening ceremony
27 July 2025	<ul style="list-style-type: none"> • Halfway meeting for Technical Officials
31 July 2025	<ul style="list-style-type: none"> • Last day of the competition:
1 August 2025	<ul style="list-style-type: none"> • Departure day

2. ACCOMMODATION AND FEES

Accommodation:

- Colegio Mayor Universitario Complutense
- Colegio Mayor Marqués de la Ensenada

Accommodation prices:

- Single Occupancy - € 140 (euros) per person per day
- Twin/Double Occupancy* - € 120 (euros) per person per day
- Check-in: 14.00
- Check-out: 12.00

The minimum stay in a hotel for the participants is 4 days. If needed - contact the LOC directly to make special arrangements for a minimum stay.

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee by 01 July 2025, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form on 09/06/2025 should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after 01/07/2025 and no refunds will be given.

2. ACCOMMODATION AND FEES

For matters of accommodation and accreditation, please contact:
competiciones@fedehalter.org

The ACCREDITATION CENTRE is located at the:

- Colegio Mayor Marqués de Ensenada
- Address: Av. de Séneca, 18, Moncloa - Aravaca, 28040 Madrid

Entry Fee: 200 € per person.

IWF Special Anti-Doping Fee: 100 USD, youth athletes only.

Transportation fee: 25 € per person (Madrid-Barajas Airport – Hotel and vice versa)

Payment must be made by bank transfer and any bank charges for transfers or other transactions are the responsibility of the Member Federation.

Details of the Spanish Weightlifting Federation

bank:

The Bank:

Address:

SWIFT Code: CCRIES2AXXX

Account Holder: Real Federación Española de Halterofilia

Customer Address: C/ Numancia nº2 local 1, Madrid 28039

Currency: **EUR**

IBAN*

ES90 3058 0972 7327 2020 0683

Currency: **USD**

IBAN*

ES54 2100 3782 4422 0014 0053

- Payments made in Euro (€) currency - Accommodation, Entry Fee, Transportation Fee.
- Payments made in US DOLLAR (USD, US\$) currency –IWF Special Anti-Doping Fee

3. MEDIA

All media participants must be approved in advance. No Accreditation fee is required. Media Accreditation requests shall be submitted via e-mail to the Spanish Weightlifting Federation and EWF. The EWF and Spanish Weightlifting Federation pay special attention to Media representatives interested in the most important EWF continental competition and weightlifting, in general. In this sense, the Organizing Committee is considering extending the possibility of overnight accommodation in other hotels with more advantageous financial conditions for accredited Media Representatives. In case of any questions, please contact:

competiciones@fedehalter.org
media@ewf.sport

4. COMPETITION AND TRAINING VENUE

- Competition hall name: Centro Deportivo Municipal Cerro Almodóvar, S. Cerro Almodóvar, 9, Vallecas, 28031 Madrid.
- Training hall name: Centro de alto rendimiento de Madrid, S. de Martín Fierro, 5, Moncloa - Aravaca, 28040 Madrid.

Shuttles will be available for transportation between the hotel and competition hall.

5. ELIGIBILITY

The participation in the European Youth & U15 championships is limited to athletes (boys and girls) and team officials from National Federations which are full members of the EWF.

In accordance with Article 5.5.16 of the IWF Anti-doping rules since the Competition starts on the 23rd of July 2025, the Whereabouts information of Athletes wishing to compete at European Youth championships must be properly submitted three months before the European championships and throughout the whole competition. Q2 deadline is 23 April and Q3 deadline is 30 June 2025.

If you have any problems submitting your Whereabouts, please contact IMMEDIATELY iwf@ita.sport

All Athletes participating are recommended to complete the WADA ADeL online course for Athletes before competing. The following link will take you to the course:

<https://adel.wada-ama.org/learn/learning-plans/1/international-level-athletes-education-program-english>

Athletes and support personnel (coaches, team physicians) must register on the site, watch the videos, and pass the quiz at the end to get the certificate, much as they did with the IWF iLiftClean platform.

The certificate has to be sent to: weightlifting.education@ita.sport

Please contact WADA at adel@wada-ama.org if athletes and athlete support personnel (coaches, team doctors, etc.) have any issues with the registration procedure.



6. COMPETITION RULES

The Championships will be held according to the current IWF Technical and Competition Rules & Regulations (IWF TCRR).

ELEIKO equipment will be used in competitions as well as in training.

7. DOPING CONTROL

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

8. INSURANCE

Participating Federations must accept full moral and financial responsibility for their respective delegations.

Before departing their homeland, all participants must be covered by their respective Federations for travel and accident/injury/illness (Covid-19).



9. EVENT CATEGORIES AND AWARDS

European Youth Championships

- Weightlifters born between 1st January 2008 and 31st December 2012 (aged between 13-17 years).
- Girls, 8 categories: 44 kg, 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, +77 kg.
- Boys, 8 categories: 56 kg, 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, 94 kg, +94 kg

European Under 15 Championships

- Weightlifters born between 1st January 2010 and 31st December 2012 (aged between 13-15 years).
- Girls, 8 categories: 40 kg, 44 kg, 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, +69 kg.
- Boys, 8 categories: 52 kg, 56 kg, 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, +88 kg.

One federation must compete with two different teams in the EWC Youth and U15 competitions. Youth and U15 teams must include different weightlifters.

Gold, silver, and bronze medals will be awarded to the first, second, and third place lifters in Snatch, Clean & Jerk, and Total in each bodyweight category for each championship.

The best male and female athletes, as well as the top six ranked men's and women's teams, will receive trophies according to the IWF team classification.

Diplomas will be awarded to all participants.

10. VISAS

Participants who require a visa to enter Spain must complete the Visa Application Form and return it together with passport copies before 2 June 2025 to e-mail: competiciones@fedehalter.org

The Local Organizing Committee will supply visa invitation letters to all Federations / Associations free of charge if they provide all the required documents in time.

LOC cannot guarantee the visa invitation letter if participants send their documents later than the deadline.

11. TERMS AND CONDITIONS OF PARTICIPATING

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with the EWF, the IWF Constitution and By-Laws, the IWF TCRR, the Anti-Doping Rules (ADR)
- Abide by all reasonable directions given by the EWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by EWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented
- Should attend Press Conference upon request of EWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the EWF and/ or OC shall have no responsibility for any loss or damage to this property
- Should irrevocably release EWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors

11. TERMS AND CONDITIONS OF PARTICIPATING

- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or EWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.
- All participating federations and their members acknowledge and agree that any material recorded during the competition and side events in which they appear may be used by the European Weightlifting Federation for promotional purposes, without any further permission and entitlement to any form of compensation.

12. FURTHER INFORMATION

Spanish Weightlifting Federation
General Secretary Mr. Juan LAMA
Tel.: +34 697961497 (WhatsApp)
e-mail:
secretaria@fedehalter.org
competiciones@fedehalter.org

European Weightlifting Federation
EWF General Secretary Dr. Milan MIHAJLOVIC
Tel: +381 63 287 263 (WhatsApp)
e-mail:
secretariat@ewf.sport

Welcome to Madrid !

DRAFT TIMETABLE

23 July 2025	<ul style="list-style-type: none"> • F U15 40 • F Youth 44 • M Youth 56 • M U15 52 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00
24 July 2025	<ul style="list-style-type: none"> • M U15 56 • F Youth 48 • M Youth 60 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00
25 July 2025	<ul style="list-style-type: none"> • F U15 48 • F Youth 53 • M U15 60 • M U15 65 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00
26 July 2025	<ul style="list-style-type: none"> • M Youth 65B 71B • M Youth 65 • F Youth 58B 63B • F U15 53 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00
27 July 2025	<ul style="list-style-type: none"> • F Youth 58 • F Youth 63 • M Youth 71 • M U15 71B 79B 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00
28 July 2025	<ul style="list-style-type: none"> • F U15 58B 63B • F U15 58 • M U15 79 • M U15 71 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00

DRAFT TIMETABLE

29 July 2025	<ul style="list-style-type: none"> • F Youth 69B 77B +77B • F Youth 69 • F Youth 77 • F U15 63 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00
30 July 2025	<ul style="list-style-type: none"> • M Youth 79B 88B • F Youth +77 • M Youth 79 • M Youth 88 • F U15 69 +69 	<ul style="list-style-type: none"> • 9:00 • 11:00 • 13:00 • 17:00 • 19:00
31 July 2025	<ul style="list-style-type: none"> • M Youth 94B +94B • M U15 88 +88 • M Youth 94 • M Youth +94 	<ul style="list-style-type: none"> • 10:00 • 12:00 • 17:00 • 19:00

- The competition schedule is subject to change after the final entry deadline & after the verification of final entries.