



Klaipėdos m. sunkiosios atletikos
S P O R T O K L U B A S

Certify:
Club president
Vincas Šlevinskis



INTERNATIONAL WEIGHTLIFTING TOURNAMENT
GRAND PRIX KLAIPĖDA 2025
R E G U L A T I O N S
2025-09-01

I. OBJECTIVES AND GOALS

- To sustain and improve close relationships with a foreign country sportsmen and their coaches,
- make weightlifting more popular in Lithuania and outside of it,
- trade knowledge with other highly skillful athletes, coaches, referees.

II. COMPETITION VENUE AND SCHEDULE

24.10.2025 (Friday) – Arrival of teams.

25.10.2025 (Saturday)– Competition day. Weight-in (for all athletes) 08:00-09:00,
Competition start - 10:00.

26.10.2025 (Sunday) – Departure of teams

The competition will take place in Klaipėda's Central stadium sports hall (Sportininkų g. 46, Klaipėda).

III. TEAMS

- Athletes from Latvia, Poland, Estonia, Serbia and Lithuania will participate.
- Team consists of 5 person: (2002 and younger).

IV. AWARDS

- MEN individual by category - 35kg, 40kg, 45kg, 50kg, 56kg, 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg.
- WOMEN individual by category 48kg, 53kg, 58kg, 63kg, +64kg.

V. ACCOMMODATION

- Organizers will provide accommodation and food.
- Travel expenses are covered by each team individually.

Entry applications (full name, DATE of birth, category) needs to be sent by email:
satletika@lsaf.lt before 3st of October

For more information:

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